

2025 Theme: The Year of Growth FIRST BAPTIST DENBIGH

"A Community Church Making A Global Impact: Loving, Living, and Leading Like CHRIST"

Rev. Dr. Melvin M. Wofford, Sr., Senior Pastor

Rev. Ronda King Smith, Executive Minister

CORPORATE PRAYER & FASTING PLAN

- I. <u>SCRIPTURE FOCUS</u>: Joshua 3:5, NIV Joshua told the people, 'Consecrate yourselves, for tomorrow the LORD will do amazing things among you.'
 - Each disciple is requested to participate in our Corporate Prayer and Fasting initiative for the next twenty-one (21) days.

II. PRAYER/FASTING SCHEDULE:

- ✓ Beginning Monday, January 6, 2025, and ending Sunday, January 26, 2025.
- ✓ *Daily for 21 days, 6a.m.-12p.m. OR 6a.m.-6p.m. *Consider setting up a reminder/alarm on your smartphone.
- ✓ **SUNDAYS** only: Resume regular diet.

III. FASTING REGIMEN:

- ✓ Fruits and Vegetables: Fresh, frozen, and canned fruits and vegetables are acceptable. Starchy and non-starchy vegetables are permitted, but they should not contain added salt or preservatives.
- ✓ Whole Grains: Whole grains such as brown rice, quinoa, barley and whole wheat or rye bread.
- ✓ *Nuts and Seeds*: All types of **unsalted nuts** and **seeds** are **acceptable**.
- ✓ *Protein-rich foods*: Eggs, tofu, lentils, split peas, and beans are suggested.
- ✓ Oils and Fats: Olive, avocado, peanut, coconut, grapeseed, canola, walnut, and sesame oil are advised.
- ✓ *Herbs and Spices*: All **fresh** and **dried herb**s and **spices** are **permitted**.
- ✓ Beverages: Water should be the main beverage. Unsweetened plant beverages like 100% fruit juices are acceptable.
- ✓ *Prescription Medications, Vitamins and Supplements: All are permitted as needed.
 Please consult with your Physician before discontinuing prescribed medications.

IV. CORPORATE PRAYER FOCUS:

- GOD's hand of continuous protection, blessing, and favor upon Pastor Melvin, Lady Lay, and their Family!
- For GOD to grow and strengthen the FBD congregation <u>spiritually</u> (shift us from carnality to <u>spirituality</u>), <u>financially</u> (through 100 percent tithership), and numerically (through the abundant <u>salvation</u> of souls and new disciples).
- For GOD to bring FBD together, and on one accord; flowing in HOLY SPIRIT to serve our community as an authentic, biblical, and dynamic ministry.

V. INDIVIDUAL PRAYER FOCUS:

PERSONAL PETITIONS:

VI.

- **Deliver me** with **YOUR fire**. Purify my **life** with **YOUR fire**.
- Baptize me with YOUR HOLY SPIRIT and YOUR fire.
- Make me a disciple of YOUR fire and compassion.
- Let YOUR fire be in my tongue to pray, to worship, and to love.
- Let YOUR fire be in my hands to help those who are hurting.
- Let YOUR fire burn in my eyes, my heart, and my feet to do the work of the ministry and to labor in YOUR Kingdom.

	During my time of consecration, I desire GOD to:
1.	
2.	
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3.	
4.	
5.	